

# EMPLOYEE OF THE MONTH

## BARBARA TIEMAN

Nurse Midwife,  
OB/GYN



## MARCH 2026

### ABOUT ME

- **I live in:** Sterling
- **Joined CGH on:** July 24, 2023
- **Education:** Master's in Public Health, FNP, University of Illinois, Quad Cities; Post-Master's Midwifery, University of Illinois, Peoria
- **Hobbies:** Reading when I have free time and horses

I would like to nominate Barbara Tieman, FNP, CNM for Employee of the Month. As some of you know, I worked with Barb previously at IVCH in Peru before following her and Dr. Bida-Dudun to CGH. Barb has always gone above and beyond for her patients and the staff she works with. I have seen her work in the clinic on her days off and go in for a delivery for the patient's comfort when she is not working. She is the absolute BEST listener and has this awesome way of making you feel completely at ease. Her patients (and myself) love her! She even has patients that have moved away to Chicago and they make the drive to come and see her every year instead of finding a new provider. I always joke with her that she is *Worth the Miles!* Her humor is out of the world and she makes work so enjoyable every day.

### PROUDEST ACHIEVEMENT

My family and my work

### MY FAMILY

Widow, 3 children



Purpose, Worthwhile Work...  
*Making a Difference!*