

EMPLOYEE OF THE MONTH

LINDSEY OHLWINE

Pharmacist,
Pharmacy



AUGUST 2026

ABOUT ME

- **I live in:** Sterling
- **Joined CGH on:** September 3, 2019
- **Education:** Polo HS; Drake University (PharmD)
- **Hobbies:** Spending time with my family, traveling, exploring local breweries, finding new coffee shops and shopping

PROUDEST ACHIEVEMENT

Becoming a mom to my two children, and watching them grow while balancing a career I love.

MY FAMILY

Husband, Brad; children, Stella (4) and Dean (1½)

Lindsey consistently demonstrates the qualities of an exceptional employee, going well beyond the expectations outlined in her job description. She approaches each day with a positive attitude, a calm presence, and an approachable demeanor that immediately puts patients and co-workers at ease. Lindsey is always willing to answer questions, offer guidance, and ensure that every patient and employee feels supported. Her depth of knowledge and willingness to share her expertise make her an invaluable resource within the department. Lindsey is also a gifted mentor and trainer. New pharmacists entering CGH benefit tremendously from her patience, professionalism, and ability to teach with clarity and confidence. She is respected not only for her skill, but for the thoughtful way she communicates and collaborates with others. Among Lindsey's many strengths are her natural ability to take initiative and her willingness to support the employee pharmacy. Even without an official title, she consistently steps up to help refine workflow, contribute to policy discussions, and ensure the team operates smoothly. Lindsey embodies reliability, respect, and genuine care for others. She consistently thinks of her coworkers, contributes meaningfully to department decisions, and elevates the environment around her. CGH is better because of her dedication, and she is highly deserving of this recognition.



Purpose, Worthwhile Work...
Making a Difference!