

# EMPLOYEES OF THE MONTH

## ABBIEY HOWES

Patient Access  
Supervisor,  
Patient Access



## JANUARY 2026

### ABOUT ME

- **I live in:** Tampico
- **Joined CGH on:** October 17, 2022
- **Education:** BS, St. Ambrose University
- **Hobbies:** Raising animals on the farm; spending time with friends and family; and most recently, learning to make baked goods from scratch

### PROUDEST ACHIEVEMENT

Graduating college and creating a life full of happiness

### MY FAMILY

Fiance, Jeramy; son, Ben

I would like to nominate Abbey for Employee of the Month because she has truly been there for our team throughout the Epic conversion. She's been there for us when we needed to just vent or to "let it all out." She has made it clear that she is always on our side and will help us no matter what. Even with everything going on in her personal life outside of work, she shows up 100% everyday and is the best leader we could ask for!



Purpose, Worthwhile Work...  
*Making a Difference!*